



**PANTRY**

- ALL PURPOSE FLOUR
- OATS
- RICE
- PASTA
- CANNED TOMATOES
- CHICKPEAS
- EXTRA VIRGIN OLIVE OIL
- DRY LENTILS
- TABLE SALT
- BLACK PEPPERCORNS
- APPLE CIDER VINEGAR
- CHICKEN STOCK
- INSTANT YEAST
- SUGAR
- BAKING POWDER
- BAKING SODA

**ADDITIONAL ITEMS**

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**PRODUCE**

- ONIONS
- FRESH WHOLE GARLIC
- POTATOES
- GREEN CABBAGE
- CARROTS
- CELERY
- LEMONS

**FROZEN, DAIRY, & MEAT**

- SWEET CREAM BUTTER
- PLAIN NONFAT YOGURT
- BLOCK CHEESE
- FROZEN MIXED VEGGIES
- FROZEN BERRIES
- GROUND BEEF
- FROZEN CHICKEN BREASTS
- FRESH DARK MEAT CHICKEN

**NOTES**

