

30 DAYS of

Healthy

SLOW COOKER RECIPES

for Fall

The Seasoned Mom



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Healthy Slow Cooker Lasagna Soup	2
3	4 Slow Cooker Chicken Cacciatore	5	6 Slow Cooker Beef Chili	7	8 Slow Cooker Garden Vegetable Pasta	9
10	11 Slow Cooker Chicken Noodle Soup	12	13 Slow Cooker Pork with Spiced Apples	14	15 Slow Cooker Chicken and Vegetables in White Wine	16
17	18 Slow Cooker Cheesy Salsa Chicken	19	20 Slow Cooker Creole Shrimp and Rice Soup	21	22 Slow Cooker Greek Chicken Gyros	23
24	25 Slow Cooker Chicken Tikka Masala	26	27 Slow Cooker Cabbage Patch Detox Soup	28	29 Slow Cooker Pulled Barbecue Chicken	30